



**Canadian Association of
Psychoanalytic Child Therapists**

Annual General Meeting
Tuesday, June 13, 2023

MEETING TO BE HELD ONLINE VIA ZOOM

7:30 p.m.



**CAPCT Annual General Meeting
June 13, 2023**

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CAPCT ANNUAL GENERAL MEETING MINUTES JUNE 14, 2022

Present: Ella Rogalska, Elizabeth Tutters, Sandra Meyerovitz, Robin Holloway, Robyn Weddepohl, Sally Doulis and Florence Loh.

Regrets: Suzanne Pearen

1. Approval of the Minutes. AGM June 14, 2022

Motion: Elizabeth Tutters moved the motion to accept the Minutes, with the clarification, and Robin Holloway seconded the motion. All approved unanimously.

2. CICAPP report presented by Florence Loh verbally and written report to follow.

Motion: Ella Rogalska moved the motion to accept the CICAPP report, and Robin Holloway seconded the motion. All approved unanimously.

To note that: five candidates were completing fourth year;
seven candidates were completing second year; and
eight candidates were completing the program.

3. CAPCT report presented by Ella Rogalska.

Motion: Sandra Meyerovitz moved the motion to accept the CAPCT report with acknowledgment of the BoD supporting the membership through the pandemic. Elizabeth Tutters seconded the motion. All approved unanimously.

4. Treasurer's report presented by Elizabeth Tutters.

It was noted that bank charges needed to be clarified; and whether the Web site fees were included in the 2021-2022 financials.

Motion: Ella Rogalska moved the motion to accept the Financial Report, pending clarification, and Robin Holloway seconded the motion. All approved unanimously.

ACTION: Elizabeth Tutters will speak with Suzanne Pearen regarding the matters noted for clarification.

5. Ethics and Professional Standards Report.

Sally Doulis is stepping down from this committee. Her valuable contribution was acknowledged.



Motion: Robin Holloway moved the motion to accept the report, and Sandra Meyerovitz seconded the motion. All approved unanimously.

6. CATCH Report.

Motion: Elizabeth Tuters moved the motion to accept the report and Robyn Weddepohl seconded the motion. All approved unanimously.

7. Nominations slate.

Motion: Sally Doulis moved the motion to accept the nominations, and Robin Holloway seconded the motion. All approved unanimously.

8. Reappointment of Henna Murdoch, accountant.

Motion: Ella Rogalska moved the motion to accept Henna Murdoch for reappointment, and Elizabeth Tuters seconded the motion. All approved unanimously.

9. Date for next AGM

The exact date is to be determined June 2023

Respectfully submitted,

Sandra Meyerovitz



**CAPCT PRESIDENT'S REPORT TO THE
CAPCT ANNUAL GENERAL MEETING
JUNE 13, 2023**

Greetings CAPCT Members! It's time to report on the past year and it is my pleasure to share with you the highlights of 2022 – 2023.

This year, given that the CAPCT now has a Charitable Number registered in Canada (not only in Ontario) we have put this good news into an action and focused on humanitarian efforts. Specifically, in light of the disastrous earthquake in Turkey and Syria, the CAPCT created a Turkey Relief Project (TRP) to support clinicians in Turkey working with earthquake survivors.

In the first part of the TRP, CAPCT along with Robert Besner (the Esther and Bernard Besner Family Foundation) sponsored one volunteer member to go to Turkey to support their clinicians during this extraordinary time. This mission was successfully accomplished in April.

In the second part of the TRP, CAPCT provide an on-line series of nine seminars to clinicians in Turkey working with traumatized earthquake survivors. Upon completion of this series, several members offered to create a small support group for Turkish therapists dealing with complex trauma cases. Many thanks to the volunteering members who are offering their time and expertise.

This year again, CAPCT has been instrumental in promoting early interventions and teaching Infant-Parent Psychotherapy (IPP), a model developed by our members Elizabeth Tuters and Sally Doulis. We are grateful to Elizabeth and Sally for bringing IPP to CAPCT. We now offer Introductory and Advanced training in IPP through our Extension Program. Please note, a new series of 15 Introduction to IPP seminars is beginning this September 2023.

Again, as part of our humanitarian efforts, we are offering a fee reduction for the Introduction to IPP and the Advanced IPP courses for those Turkish therapists who are working with people devastated by the earthquake in Turkey and Syria.

This year's Extension Program was again made accessible to mental health professionals outside our association. This for-fee programming allows us not only to reach a wider audience and share our unique work with other professionals but allows our members access to international experts in the psychoanalytic field. Last year's programming expert was Beatrice Beebe and this coming Fall, in collaboration with the TICP, we will bring Miriam and Howard Steele to present on "Attachment throughout the Lifespan". Please watch for 'Save the Date' emails.

I would like to acknowledge that Robert Besner Besner (the Esther and Bernard Besner Family Foundation) has been responsible for making these events possible and we are grateful to him for this unique opportunity. His generous contributions, also allows us to offer a reduced fee to our Candidate



Members, to support their participation in our professional community events offered by the Extension Program.

The Continuing Education Programming, however, is free of charge to the members. The focus of this year's Continuing Education Program presentations will be on the theme of Adolescence. We plan to gather a series of case studies on the psychoanalytic treatment of adolescents from contributors around the world (including CAPCT members) in a volume called *Adolescent Casebook*, edited by Jack and Kerry Novick. Please stay tuned for further details.

Although the CAPCT and CICAPP collaboration has been quiet for the past few years, we continue to be open to working collaboratively.

I am happy to present to you the Report of the Nominations Committee and the slate of candidates who have been proposed for election at the Annual General Meeting. A group of seven experienced clinicians and psychoanalytic thinkers have accepted the nomination. We have two members to be newly elected, Lynda Phillips and Marcela Almeida – Welcome! We are looking forward to working together.

I wish especially to salute the Board Members who are the engine of our success in steering our association: Sandra Meyerovitz, Robyn Weddepohl, Elizabeth Tuters, and Robin Holloway – thank you for your time, unique ideas, and generosity – thank you with all my heart.

My gratitude goes out to Suzanne Pearen, our administrator, for her expertise and understanding of our needs. Suzanne makes our efforts seemingly effortless. Thank you Suzanne for your professionalism and dedication.

Further, I wish to thank Elizabeth Tuters for her work as Treasurer, and Suzanne Pearen for her oversight in the matter of our financial stability. Thanks in part to our Extension Programming we are standing on stable financial ground.

And I would like to thank you, the Members, for being part of this unique community of psychoanalytically minded thinkers and clinicians dedicated to serving infants, children, and adolescents.

Please stay well and have a safe and happy summer.

Respectfully submitted,

Ella Rogalska
CAPCT President



**REPORT OF THE CAPCT FINANCE COMMITTEE
TO THE CAPCT AGM
JUNE 13, 2023**

Overall Fiscal Outlook

We ended the fiscal year of Dec 31 2022 with a profit. In round figures, our 2022 revenues were \$87,600 and our expenditures were \$34,308 for a profit of \$24,127. CAPCT membership fees remain the same as in 2021. The investment fund is stable, and growth reflects the external factors at play in the economy during the covid recovery phase of global markets: high inflation, rising interest rates, and concerns about slowing economic growth globally.

Comparative Financials Snapshot:

	<u>2022</u>	<u>2021</u>	<u>2020</u>
Revenue	\$87,600	\$51,025	\$13,205
Expenses	\$64,308	\$32,980	\$20,287
Rev-Exp	\$21,127	\$18,629	\$(7,082)
Equity	\$102,423	\$78,009	\$57,985

Revenue from Membership Dues and Events

The fee for renewal of membership fees remained the same in 2022 (\$270 for clinical members; \$220 for Post-Academic Candidates; \$140 for Candidates). Membership dues in 2022 generated \$16,940.

Our continuing education programming has generated significant revenue in 2022. The continuing IPP education series has generated \$36,243.

CAPCT is the grateful beneficiary of a directed donation from the Esther and Bernard Besner Family Foundation in support of ongoing IPP and infant mental health programming.

PEPweb

The PEPweb fees charged to CAPCT members remained the same in 2022, at \$110 for clinical members and \$68 for candidate members. CAPCT currently subsidizes the cost of PEPweb fees; we are charged in U.S. dollars and the exchange rate differential is absorbed by CAPCT.

All CAPCT members are required to participate in the CAPCT PEPweb subscription unless they are already subscribed members via another institute or individually (university membership does not count). This is a requirement to maintain the CAPCT group subscription rate with PEPweb.

Administration

Suzanne Pearen continues to manage all administration functions including programming, bookkeeping and events/workshop management. She was off for several months in 2022 due to a medical leave but



has since returned to active status. The administration rate increased to \$37 per hour in January 2023.

	<u>2022</u>	<u>2021</u>	<u>2020</u>	<u>2019</u>
Admin/Event	\$13,825	\$14,515	\$13,762	\$14,791

Investment

CAPCT continues to consult with an investment specialist at Manulife Securities. As of March 31, 2023, the investment account has a current market value of \$43,165. The next quarterly statement will be provided after June 30, 2023.

Manulife Securities Portfolio Performance - Snapshot

<u>March 2019</u>	<u>March 2020</u>	<u>March 2021</u>	<u>March 2022</u>	<u>March 2023</u>
\$56,032	\$32,688	\$41,815	\$43,851	\$43,165

Charitable Status

CAPCT received charitable status confirmation on April 29, 2022. An online portal for donation receipt management was created in February 2023 and is available on the CAPCT website and will be integrated into ongoing future outreach and fundraising efforts.

Summary and Recommendations

Our general financial situation is positive. The charitable status continues to generate new opportunities to grow outreach of continuing education efforts and increase membership levels. As always, we must remain vigilant in our approach to all expenses. Our streamlined administration and bookkeeping functions have maximized efficiency. We must ensure all workshops going forward are conceptualized and executed with profitability at the forefront.

We remain excited about the possibilities for improving our finances and membership levels in the upcoming year and believe there is good reason for continuing optimism.

Respectfully submitted,

Elizabeth Tutters
Treasurer, CAPCT



**REPORT OF THE CAPCT CONTINUING EDUCATION AND EXTENSION PROGRAM COMMITTEE
TO THE CAPCT AGM
JUNE 13, 2023**

The Continuing Education and Extension Program Committee for Professional Development provides programs to meet the needs of your college requirements and to satisfy your individual interests in the advancement of psychoanalytic training and thinking.

Please note that all professional development hours constitute credit towards members' respective colleges.

2022/2023 CONTINUING EDUCATION PRESENTATIONS:

Our focus last year was on humanitarian efforts and on IPP programming, and this coming year we are switching our focus to prioritizing our membership.

Just a reminder that the Continuing Education seminars are a great opportunity for CICAPP candidates to present their case work. We encourage candidates to discuss with their supervisor the possibility of presenting their clinical cases to the membership.

2022/2023 EXTENSION PROGRAM SEMINARS:

The Extension Committee, a committee of the CAPCT BOD, focused this year on the importance of the early years. From September 2022 – May 2023 Dannette Graham and Carol-Jane Parker offered the 25-week course *Advanced Infant-Parent Psychotherapy Work Study Seminar* (the course was fully subscribed).

Please visit our website for details on upcoming seminars, and for an archive of past presentations.

Respectfully submitted,

Ella Rogalska
Chair, Continuing Education and Extension Program Committee



**CAPCT ETHICS AND PROFESSIONAL STANDARDS COMMITTEE REPORT TO THE CAPCT AGM
JUNE 13, 2023**

Members: Sally Doulis (Chair), Elizabeth Tuters

We are pleased to report that there was no activity in this area this past year.

Both Sally Doulis and I will be stepping down from this committee as of June 13, 2023.

The Board of Directors will be appointing a new chair and committee.

Respectfully submitted,

Elizabeth Tuters, Chair



CICAPP REPORT TO THE CAPCT AGM
JUNE 13, 2023

Report to be provided at the AGM.



Catch

**REPORT OF CATCH
TO THE CAPCT AGM
JUNE 13, 2023**

We are currently funding sixteen treatment cases from ten different schools, located in Scarborough and downtown Toronto. We have seen an uptick of cases since we have been able to return to the schools and have started a waiting list for September. With the increase in requests and cases, we hope to increase our roster of therapists for the upcoming year.

We continue to work with Heather Briggs for ongoing social media management as well as for building strategic partnerships to share articles to increase awareness and we have launched a podcast series. The podcast is proving to be very successful; there are 31 episodes currently posted and to date, there have been over 4000 all time plays, including some international listeners. The website visits and social media activity continues to see increased traffic. Catch has approximately 1000 followers on Twitter and we have had some movement on Linked In.

Our Investment Committee continue to oversee the implementation of the investment policy and report to the Board on a regular basis. Thank you Wes for the amazing job you continue to do.

It is with great appreciation and some sadness that we have received the news of Janet's resignation from the board of directors. Janet has been on our board for over 20 years through the different names of the Child Psychotherapy Foundation of Canada, Kidfix and now Catch. Janet also served on the CICAPP board. Janet has always been an active and contributing member of any board she has been on. We have been extremely lucky to have had her as a member and past president for as long as she has been on our board. She will be greatly missed.

Finally, thanks to all of our board members including Janet Morrison, Wes Brown, Hy Bloom, Sandy Nuttall and our ex officio member, Sandy Paulson. Also, we remain especially grateful to Kathy Wetmore for her ongoing commitment, flexibility and patience.

Respectfully submitted,

Susan K. Walker Kennedy, Ph.D., C.Psych.
President, Catch Collaborative Therapy for Children



**NOMINATIONS COMMITTEE
REPORT TO THE CAPCT AGM
JUNE 13, 2023**

Current CAPCT BoD Directors 2022 / 2023

<i>Current Directors, Name</i>	<i>The term</i>
Ella Rogalska	2022 – 2023
Elizabeth Tuters	2022 – 2023
Sandra Meyerovitz	2022 – 2023
Robin Holloway	2022 – 2023
Robyn Weddepohl	2022 – 2023

Current CAPCT BoD Officers 2022/2023

Ella Rogalska	President
Sandra Meyerovitz	Vice-President
Elizabeth Tuters	Treasurer
Robyn Weddepohl	Secretary
Robin Holloway	Member at Large

NOMINATIONS SLATE, CAPCT DIRECTORS 2023 / 2024

<i>Current Directors, Name</i>	<i>The term</i>	<i>Action</i>
Ella Rogalska	2023 – 2024	Re-Election
Elizabeth Tuters	2023 – 2024	Re-Election
Robin Holloway	2023 – 2024	Re-Election
Sandra Meyerovitz	2023 – 2024	Re-Election
Robyn Weddepohl	2023 – 2024	Re-Election
Lynda Phillips	2023 – 2024	New Election
Marcela Almeida	2023 – 2024	New Election

Ella Rogalska
CAPCT President,
Chair, CAPCT Nominating Committee

Committee Members:
Sandy Meyerovitz, Vice-President, CAPCT
Elizabeth Tuters, Treasurer, CAPCT
Robyn Weddepohl, Secretary, CAPCT