## CAPCT CONTINUING EDUCATION COMMITTEE 2014 PRESENTS

# Disempowering the Superego and Liberating Conscience in Psychoanalytic Psychotherapy

# Presenter Donald L. Carveth, Ph.D. Emeritus Professor of Sociology and Social & Political Thought, York University Training & Supervising Analyst, Canadian Institute of Psychoanalysis Director, Toronto Institute of Psychoanalysis

## ABSTRACT

Superego-focused psychotherapy, the clinical approach based upon the ideas advanced in *The Still Small Voice: Psychoanalytic Reflections on Guilt and Conscience* (Carveth, 2013) will be discussed and illustrated through presentation of a case study.

## LEARNING OBJECTIVES

- 1. To learn how to distinguish between superego (identification with the aggressor) and conscience (identification with the nurturer).
- 2. To learn about "superego-focused psychotherapy" through a case study.
- 3. To learn of techniques for disempowering the superego.

#### TIME AND PLACE

Tuesday, March 25<sup>th</sup> 2014 7:30 p.m. – 9:00 p.m. 8 Rean Drive, Meeting Room Toronto, Ontario

#### PROFESSIONAL DEVELOPMENT

These continuing education hours can be used toward the required "750 hours of practice in the profession" when applying for the Grandparenting option to the College of Registered Psychotherapists of Ontario (CRPO).

Please Note: Open only to CAPCT members. Registration is free.

Prof. D. Carveth's book **"The Still Small Voice: Psychoanalytic Reflections on Guilt and Conscience**" is available for purchase at Caversham Booksellers, phone 416 944 0962.

For more information and to RSVP please contact 416.690.5464 or Email