



CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

**CAPCT Committee for Continuing Education
and Professional Development**

**UNDERSTANDING AND WORKING WITH MARITAL RELATIONSHIP ISSUES
FROM A PSYCHOANALYTIC PERSPECTIVE**

PRESENTER

Kas Tuters, M.D., Psychoanalyst in private practice; Assistant Professor of Psychiatry, University of Toronto; Faculty, Toronto Psychoanalytic Society & Institute; Visiting Professor of Psychiatry and Psychotherapy, Latvian Academy of Medicine. His current teaching activities include: running T.P.S. Outreach Courses for mental health professional in the community; teaching a seminar on Couples & Marital Therapy; teaching a course on “Psychoanalysis & Culture” for the Toronto Psychoanalytic Institute. He has a special interest in how cultural factors impact psychoanalytic work and the psychological/psychoanalytic understanding of New Media, both digital and social.

ABSTRACT

The choice of one’s marital partner is determined by a multitude of factors. In this program we will focus on the significant influence of early relationship experiences in our family of origin, and how these affect the choice of an intimate partner later on in life. When assessing and treating marital disorders we have to look at the marital dyad as “the patient” and understand it as a complex (consciously and unconsciously) interacting unit within a larger system, influenced by two distinct backgrounds and internal worlds. The unconscious defence mechanisms that get triggered off can puzzle and undermine the couple’s wishes and goals.

We will examine all of this through the use of clinical material:

1. Effect of early childhood relationships as a template of adult intimate relationships.
2. Projective mechanisms and projective identification in marital relationships.
3. Transference and countertransference issues in marital therapy.
4. Therapeutic approaches to marital problems.

LEARNING OBJECTIVES

1. To understand the unconscious factors governing the choice of a marital partner;
2. To understand the marital dyad as a complex unit where unresolved problems from the past are fought out in the new setting;



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3. To learn the dynamic approaches through clinical example.

TIME AND PLACE

Monday, November 23, 2015

7:30 p.m. – 9:30 p.m.

8 Rean Drive, Meeting Room

Toronto, Ontario

PROFESSIONAL DEVELOPMENT

These continuing education hours can be used toward the required “750 hours of practice in the Profession” when applying for the Grandparenting option to the College of Registered Psychotherapists of Ontario (CRPO)

Please Note: Open only to CAPCT members. Registration is FREE.
For more information and to RSVP please contact 416.690.5464 or [EMAIL](#).
RSVPs appreciated.