



CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

CAPCT Committee for Continuing Education and Professional Development

**IN PLAIN SIGHT – OR NOT
Development, Aggression and Clinical Thinking**

PRESENTER

Dagnija Tenne

TIME AND PLACE

Monday, November 28, 2016

7:30 p.m. – 9:30 p.m.

8 Rean Drive, Meeting Room

Toronto, Ontario

ABSTRACT

As one of the essential elements in the formation of the child/adolescent's inner world and one's development, aggression does not escape the psychotherapy process. When a child/adolescent enters the therapeutic space, aggression inevitably comes along. Aggression might demand our attention clearly, presenting itself directly and vehemently. Or, quite often, it might remain silently in the background of the minds and actions of both of the involved: the child/adolescent and the therapist.

What are the ways aggression manifests itself? What allows the therapist to perceive aggression in clinical session, even if aggression is not in plain sight? What, and, more importantly, how do we think about it? Why should we? Is aggression "all bad"? In fact, what is aggression? And, curiously, what do we do about it? These are questions we as clinicians encounter and ask ourselves daily – or, at times ... we do not. If aggression is not acted out in an obvious manner, if it is not clearly "on display", in plain sight in front of us, aggressive processes may remain hidden from our inquiries and set apart from the therapeutic process.

Throughout this evening, we will think about how to build our understanding of aggression as it appears in clinical situation from many perspectives, such as from our understanding of complexity of motivations, conflicts, emotions and problem behaviors, from the conscious and unconscious, from debating the primacy between the internal world and external influences, while questioning observations and theoretical approaches. Certainly, we are not to escape transference – countertransference entanglements as well as SEUS (Safe and effective use of Self) during the clinical process.

During this presentation and discussion, we will think together and learn more about interactions of development, the child/adolescent's inner world, the multidimensionality of aggression and the therapeutic process (including SEUS) in order to facilitate our clinical thinking.



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LEARNING OBJECTIVES

1. To encourage dialogue between peers and professionals in our therapeutic community;
2. To facilitate clinical thinking and Safe and Effective Use of Self (SEUS);
3. To expand our clinical thinking on child/adolescent's development, inner world, aggression and therapeutic process;
4. To think about multidimensionality of aggression and child/adolescent's inner world – repeated above? as it manifests in clinical situation.

NOTE: please bring your questions and examples. If you would like to provide a clinical vignette for thinking together with your peers, please email Dagnija at dtenne@bellnet.ca.

ABOUT THE PRESENTER

Dagnija Tenne, D. CICAPP (Toronto, Canada), Dr. Psych. (Developmental Psychology, University of Latvia), Clinical Member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and the Association for Child Psychoanalysis (ACP), has a private practice in psychotherapy working with children, adolescents, parents and families. D.Tenne is a faculty member and supervisor at the Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy (CICAPP), member of CICAPP Student Progress Committee, Immediate Past President of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and, currently, the Chair of the CAPCT Nomination Committee.

PROFESSIONAL DEVELOPMENT

These continuing education hours can be used toward the required “750 hours of practice in the Profession” when applying for the Grandparenting option to the College of Registered Psychotherapists of Ontario (CRPO)

Please Note: Open only to CAPCT members. Registration is FREE.
For more information and to RSVP please contact 416.690.5464 or [EMAIL](#)

RSVPs appreciated.