

CAPCT Committee for Continuing Education and Professional Development

KIDFIX Research on Psychodynamic Therapy with Children

TIME AND LOCATION

Monday, March 19, 2019 7:30 – 9:30 p.m.

Toronto Lawn Tennis Club 44 Price Street, Toronto, Ontario

Parking - Green P on Price St, across from Terroni's on Yonge St. Subway access: Summerhill, walk 1 block south on Yonge; Rosedale, walk 1 block north on Yonge TLTC is the end of Price St, walk through the gate, turn left, ring bell and ask for the CAPCT

ABOUT THIS PRESENTATION

Over the past two years, KIDFIX has been conducting a study to investigate the therapeutic elements used by therapists during psychodynamic play therapy with children. Unlike many studies of psychotherapy, this work has been designed to capture the perspective of therapists and will focus on what practitioners reported as important, rather than privileging the researcher's voice. Therapists have completed a "template" to summarise each fourth session with children, approximately every two weeks. The template form contains a checklist of therapeutic elements derived from the literature and therapists' experience, as well as spaces in which therapists can briefly describe each session and how they felt about it. The presentation will focus on findings to date and implications for practice.

LEARNING OBJECTIVES

- 1. To assist participants in their work with parents, administrators and service providers through a brief review of current research evidence supporting psychodynamic therapy with children;
- 2. To share information about a research project being conducted in Canada on psychodynamic child psychotherapy;
- 3. To explore the therapeutic process in children's psychodynamic play therapy.



ABOUT THE PRESENTERS

Susan Elgie is a Research Consultant who worked in that role for many years at OISE. She has an MA in Measurement and Evaluation.

Dr. Susan Walker Kennedy is a registered clinical psychologist. She has extensive experience working with children, adults and families. She is the president of Kidfix (soon to be CATCH – Collaborative Therapy for Children). Dr. Walker Kennedy is a graduate of CICAPP and obtained her Ph.D. from the University of Toronto.

PROFESSIONAL DEVELOPMENT

These continuing education and professional development hours can be used towards your continuing education, professional development portfolio for your respective colleges, including the College of Registered Psychotherapists of Ontario (CRPO).

Please Note: <u>Open only to CAPCT members.</u> Registration is FREE. For more information and to RSVP please contact 416.690.5464 or <u>EMAIL</u>

RSVPs appreciated to info@capct.ca or 416.690.5464