



CAPCT

CANADIAN ASSOCIATION OF PSYCHOANALYTIC CHILD THERAPISTS

CAPCT Committee for Continuing Education and Professional Development

**Landing on One's Feet:
Adolescent Suicidality and the Psychoanalytic Treatment Process**

PRESENTERS

Claudia Corradetti and Dagnija Tenne

TIME AND PLACE

**Monday, February 27, 2017
7:30 p.m. – 9:30 p.m.
8 Rean Drive, Meeting Room
Toronto, Ontario**

ABSTRACT

Beginning to think about one's most terrifying thoughts, especially one's suicidal thoughts, behaviours, and motivations, can be a frightening process, as it necessitates learning about oneself. Psychoanalytic psychotherapy offers the opportunity to engage in a shared thinking process to acquire the capacity to understand one's mind and to know the reality of one's feelings and emotions, and ultimately to search for, and to find, a wish to live.

This presentation will explore the dynamics of the inner and outer worlds of a 17-year old girl struggling with self-injurious and suicidal behaviours. During this presentation and discussion, we will 'think together' about the multidimensionality of suicide within the analytical process, highlighting therapeutic change. As we navigate a series of ups and downs and ultimately 'land on our feet,' the inner worlds of both the adolescent and the therapist, as well as their interrelations in the treatment process will be described. The presentation will also reflect on the importance of the Safe and Effective Use of Self (SEUS) and the therapeutic use of countertransference.

LEARNING OBJECTIVES

- To think about suicidality and the adolescent's inner world as it manifests in the therapeutic process;
- To think about the use of countertransference issues and learn more about the Safe and Effective Use of Self (SEUS) in working with suicidal adolescents;
- To facilitate clinical thinking and encourage dialogue between peers and professionals in our therapeutic community.



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ABOUT THE PRESENTERS

Claudia Corradetti, M.A., RP, CICAPP (Candidate) is a Registered Psychotherapist (CRPO), Art Therapist, and Canadian Certified Counsellor (CCC). She is a member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and the Canadian Counselling & Psychotherapy Association (CCPA). Claudia works as a Counsellor with adult survivors of violence and has a private practice working with children, adolescents, and their parents/caregivers. Over her career, Claudia has practiced with individuals and families of all ages in child welfare settings, schools, trauma centres, addiction rehabilitation centres, correctional facilities, and private practice. She has a special interest in trauma. www.arterie.ca

Dagnija Tenne, D. CICAPP (Toronto, Canada), Dr. Psych. (Developmental Psychology, University of Latvia), Clinical Member of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and the Association for Child Psychoanalysis (ACP), has a private practice in psychotherapy working with children, adolescents, parents and families. D. Tenne is a faculty member and supervisor at the Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy (CICAPP), member of CICAPP Student Progress Committee, Immediate Past President of the Canadian Association of Psychoanalytic Child Therapists (CAPCT) and, currently, the Chair of the CAPCT Nomination Committee.

PROFESSIONAL DEVELOPMENT

These continuing education hours can be used toward the required “750 hours of practice in the Profession” when applying for the Grandparenting option to the College of Registered Psychotherapists of Ontario (CRPO)

Please Note: Open only to CAPCT members. Registration is FREE.
For more information and to RSVP please contact 416.690.5464 or [EMAIL](#)

RSVPs appreciated.